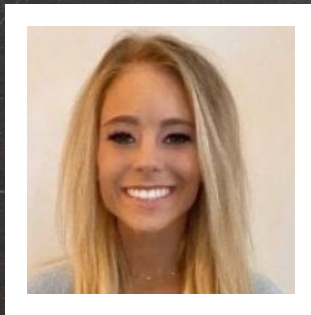




## RESEARCH REVIEW

# Effects of Dietary Methionine and Calcium Salts Enriched in Omega-3 Fatty Acids on Lactation and Liver Function in Periparturient Dairy Cows



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# Effects of dietary methionine and calcium salts enriched in omega-3 fatty acids on lactation and liver function in periparturient dairy cows

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**Take-home message:** Diets adequate in methionine ( $>1.13$  g/Mcal of ME) or with omega-3 fatty acids derived from fish oil (EPA and DHA, 3-7 g) enhanced energy-corrected milk and milk protein yield, increased postpartum dry matter intake, reduced body weight loss, increased postpartum liver functionality index, modified hepatic methyl donor metabolism, and modified nutrient partitioning at calving in transition cows.

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and Life Sciences

# The challenge for transition cows

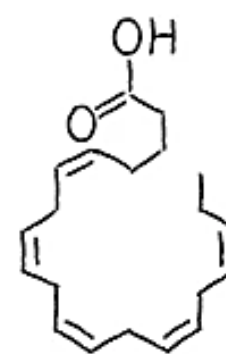
- Diminished dietary nutrient supply but increased energy demand during late gestation and early lactation
- Nutrients are partitioned to support milk synthesis
- Systemic inflammatory response occurs at parturition, increasing risk of metabolic disease and lower milk production

# Methionine (Met) feeding in dairy cows

- Rumen-protected (RP)-Met is fed to enhance Met bioavailability
  - Increases milk production
  - Reduces oxidative stress
  - Improves liver function
- Past recommendation: RP-Met fed at ~0.08% ration DM (~14 g/d prepartum and ~16 g/d postpartum); however, new data suggests that Met feeding should be on the basis of metabolizable energy supply

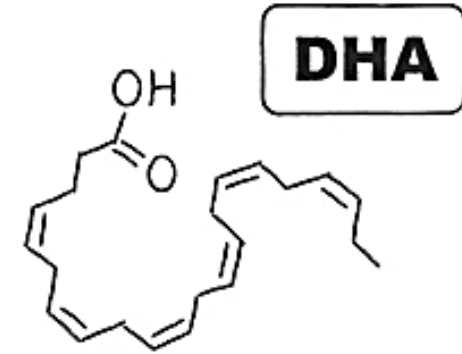
# Omega-3 fatty acid (n-3 FA) feeding in dairy COWS

- Fed as calcium salts to reduce biohydrogenation
- Beneficial for immune function
  - Activate anti-inflammatory response
  - Inhibit pro-inflammatory response
- No established feeding rate in dairy cows



**EPA**

Eicosapentaenoic Acid (EPA) (20:5, n-3)



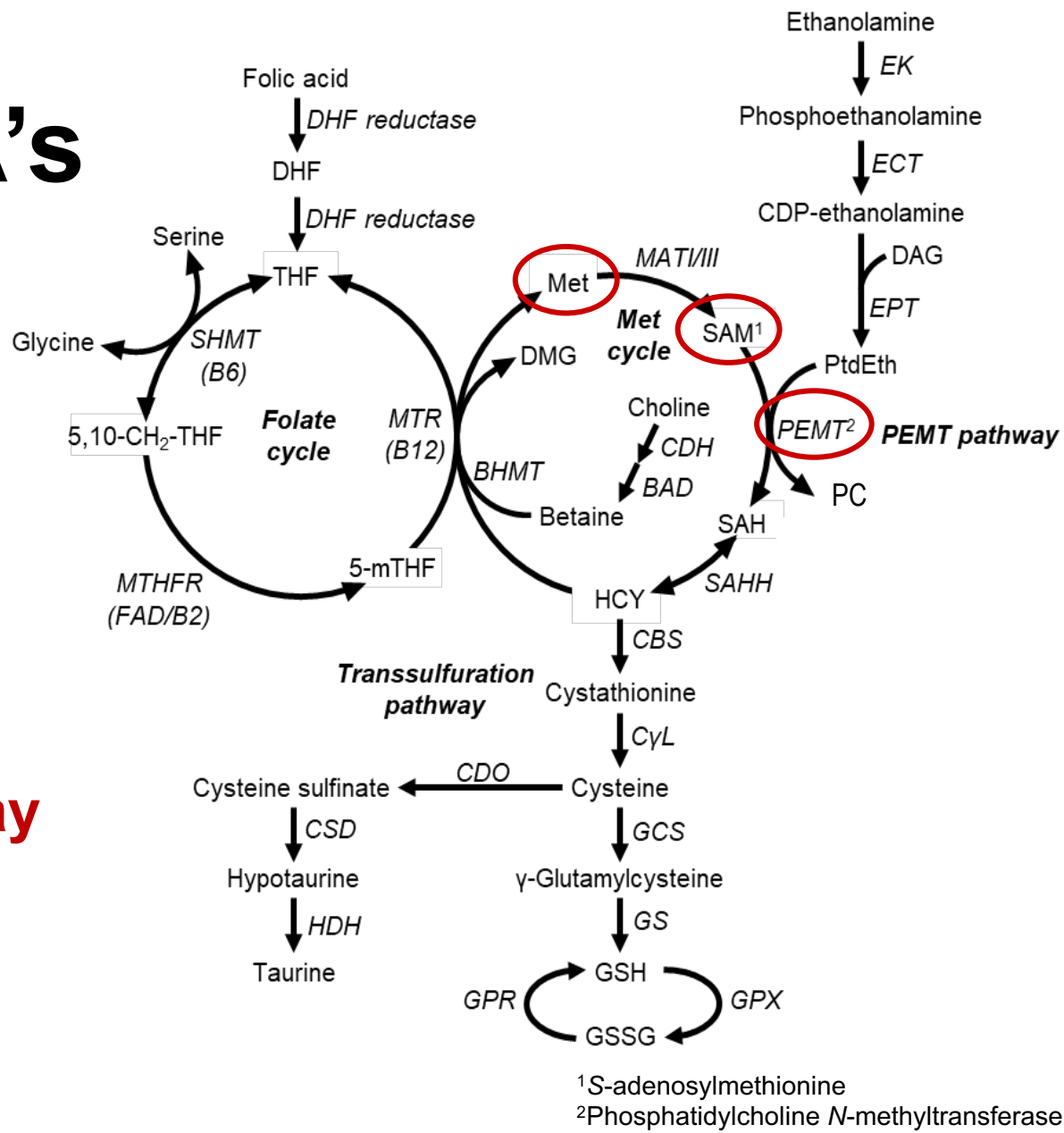
**DHA**

Docosahexaenoic Acid (DHA) (22:6, n-3)

# Potential interaction between Met and n-3 FA's

- Met donates methyl groups to SAM
  - Provides precursors for transsulfuration
  - Increases phosphatidylcholine (PC) synthesis via PEMT pathway
- PEMT pathway prefers very-long chain FA such as DHA in non-ruminants

**Possible downregulation of this pathway in transition period due to insufficient dietary supply of Met and n-3 FA**



<sup>1</sup>S-adenosylmethionine  
<sup>2</sup>Phosphatidylcholine N-methyltransferase



# Hypothesis

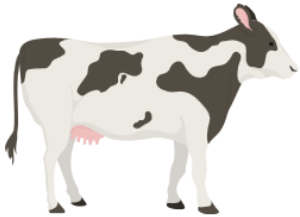
**Feeding adequate Met and n-3 FA's during the transition period will increase milk production and enhance activity of the PEMT pathway**



# Experimental approach

- Randomized complete block study design
  - Balanced by parity and 305ME

N = 79



n = 19/treatment

Enrolled  
at -4 wk

Start of dietary  
treatments

- 3 wk

- 1 wk

Actual  
calving date

+1 wk

+3 wk

+4 wk

2x-weekly blood samples

2x-weekly milk samples

Liver biopsy

Liver biopsy

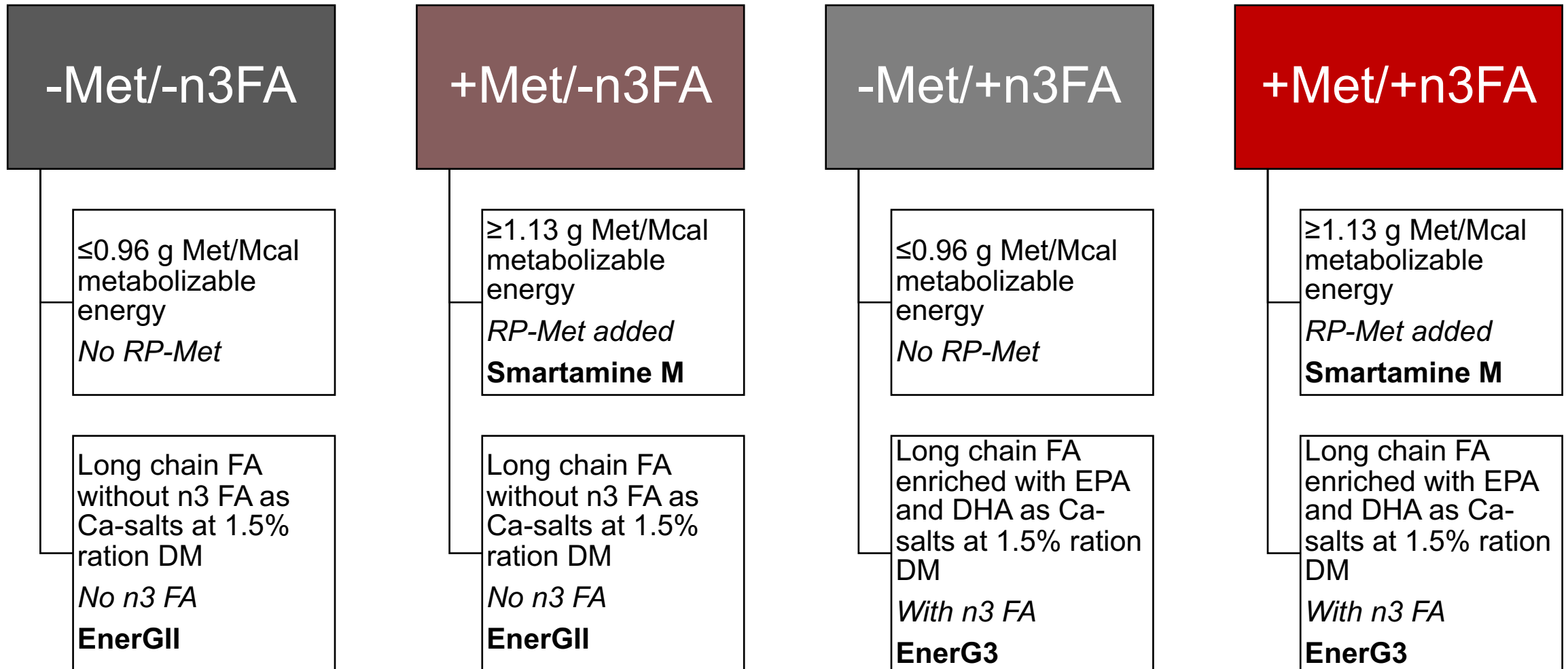
Liver biopsy

**Weekly:**

- Body weight
- Body condition score



# Pre and postpartum dietary treatments



# Statistical analysis

- MIXED procedure of SAS
- Fixed effects: treatment, time, time × treatment
- Random effect: cow nested within treatment
- Repeated effect: time
- Pre-planned contrasts
  - +Met/+n3FA vs +Met/-n3FA and -Met/+n3FA
  - -Met vs +Met
  - -n3FA vs +n3FA
- Covariates: 305 ME, parity, acclimation intake

# Diet nutrient composition

**A**

Ingredient (% of DM)	Prepartum	Postpartum
Corn silage	47.1	42.5
Haylage	—	15.2
Wheat straw	27.0	—
Corn meal	—	15.6
Soybean meal	—	10.4
Concentrate mix A	25.9	—
Concentrate mix B	—	16.4

**B**

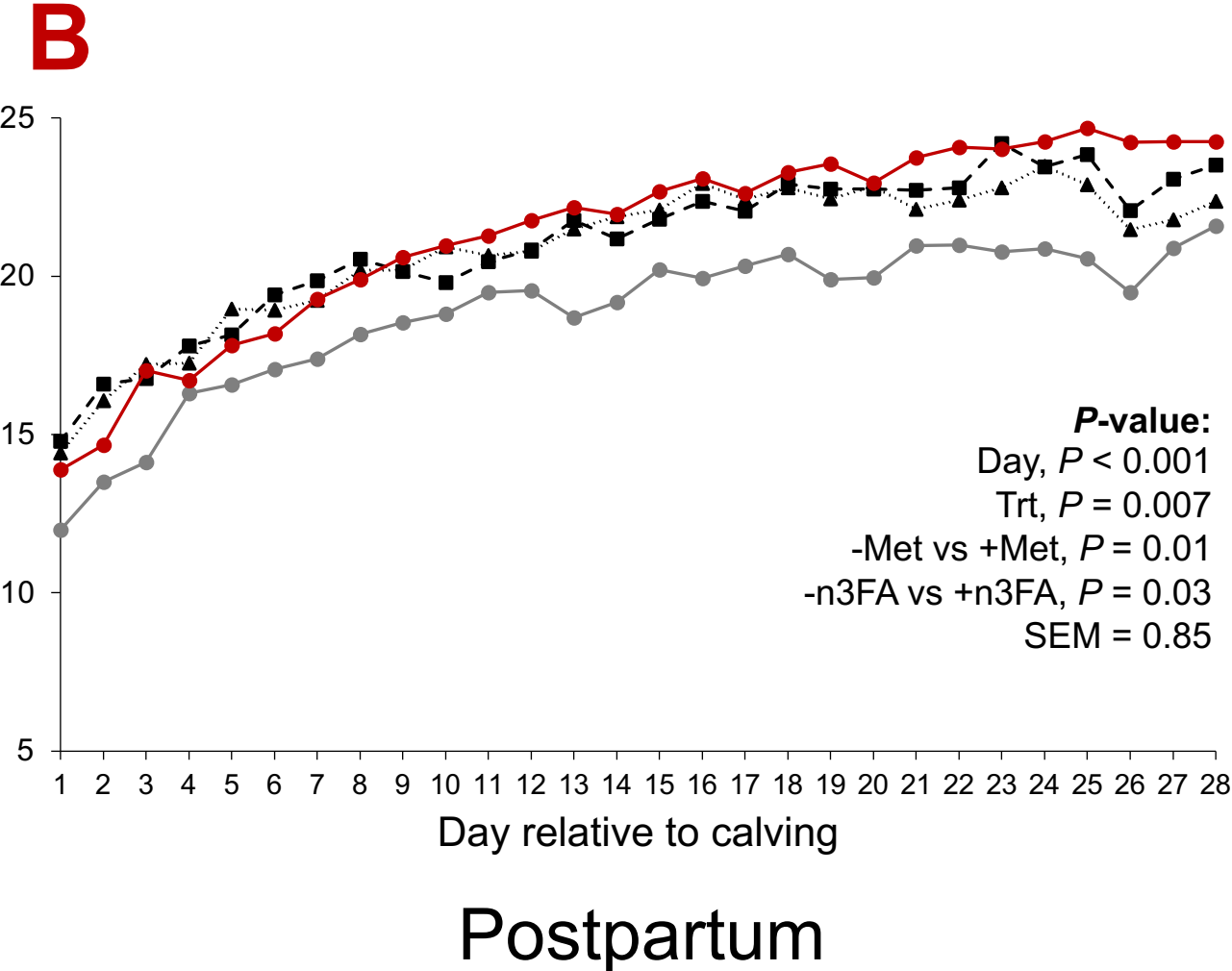
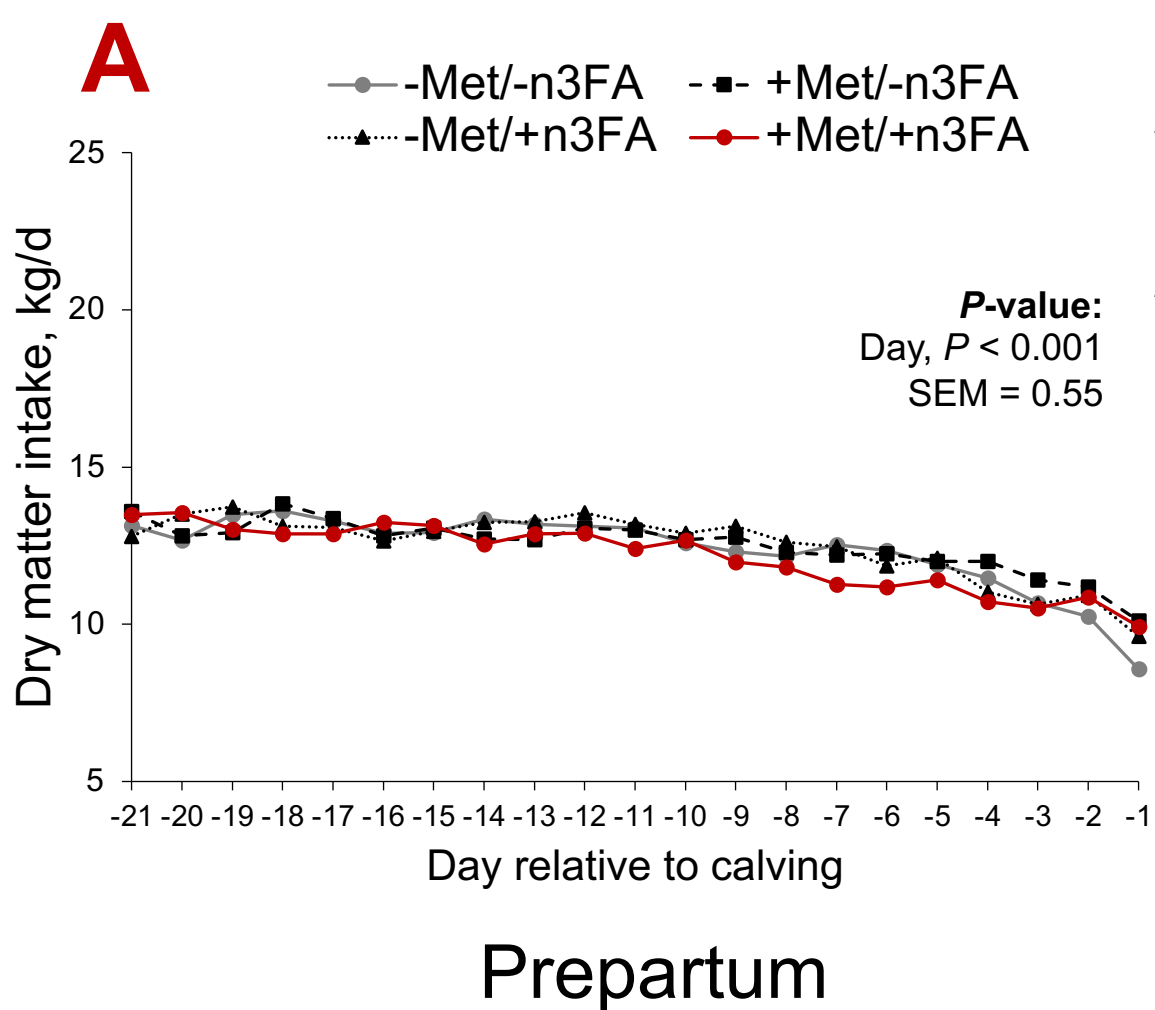
Nutrient, % of DM ( $\pm$ SD)	Prepartum diet			
	-Met/-n3FA	+Met/-n3FA	-Met/+n3FA	+Met/+n3FA
NE <sub>L</sub> , Mcal/kg	1.46 $\pm$ 0.02	1.48 $\pm$ 0.02	1.44 $\pm$ 0.01	1.47 $\pm$ 0.03
CP	14.5 $\pm$ 0.92	14.5 $\pm$ 1.18	14.6 $\pm$ 0.92	15.0 $\pm$ 0.78
Starch	17.0 $\pm$ 1.44	17.0 $\pm$ 1.07	15.9 $\pm$ 1.83	16.0 $\pm$ 0.83
NFC	31.6 $\pm$ 1.43	32.7 $\pm$ 4.68	29.9 $\pm$ 1.90	29.9 $\pm$ 0.92
ADF	25.2 $\pm$ 2.12	27.1 $\pm$ 2.58	27.0 $\pm$ 1.20	26.1 $\pm$ 0.87
NDF	41.6 $\pm$ 1.32	40.1 $\pm$ 4.50	42.9 $\pm$ 0.56	41.6 $\pm$ 1.26
Ether extract	3.53 $\pm$ 0.68	3.59 $\pm$ 0.49	3.27 $\pm$ 0.50	3.89 $\pm$ 0.72
DCAD	-5.16 $\pm$ 3.11	-6.94 $\pm$ 2.28	-7.82 $\pm$ 2.46	-8.96 $\pm$ 2.01

**C**

Nutrient, % of DM ( $\pm$ SD)	Postpartum diet			
	-Met/-n3FA	+Met/-n3FA	-Met/+n3FA	+Met/+n3FA
NE <sub>L</sub> , Mcal/kg	1.73 $\pm$ 0.01	1.73 $\pm$ 0.02	1.73 $\pm$ 0.02	1.72 $\pm$ 0.04
CP	16.6 $\pm$ 0.42	17.1 $\pm$ 0.48	16.8 $\pm$ 0.43	16.9 $\pm$ 0.21
Starch	24.9 $\pm$ 1.65	25.8 $\pm$ 1.31	24.1 $\pm$ 1.51	24.2 $\pm$ 2.43
NFC	42.0 $\pm$ 0.80	42.0 $\pm$ 0.90	43.0 $\pm$ 1.30	42.0 $\pm$ 1.60
ADF	18.4 $\pm$ 0.90	17.4 $\pm$ 0.88	17.6 $\pm$ 1.13	17.2 $\pm$ 1.12
NDF	28.4 $\pm$ 0.84	27.9 $\pm$ 0.94	28.3 $\pm$ 0.82	27.7 $\pm$ 0.72
Ether extract	5.37 $\pm$ 0.34	5.55 $\pm$ 0.34	5.17 $\pm$ 0.12	5.28 $\pm$ 0.41
DCAD	37.4 $\pm$ 3.91	36.8 $\pm$ 4.32	38.3 $\pm$ 5.57	35.4 $\pm$ 3.84



# Dry matter intake



# Fatty acid intakes

## A

### Prepartum diets

	-Met/-n3FA	+Met/-n3FA	-Met/+n3FA	+Met/+n3FA	SEM	Treatment
Total FA	364	349	313	350	13.3	0.05
16:0	130	119	111	128	4.88	0.02
18:0	17.1	17.1	15.2	19.2	0.64	<0.001
18:1c9	92.5	88.6	66.6	73.6	3.16	<0.001
18:2	89.6	90.2	79.8	87.4	4.81	0.38
18:3n3	14.9	14.9	13.9	13.9	0.57	0.31
SFA	160	148	141	162	5.85	0.03
MUFA	100	94.9	76.7	84.5	3.62	<0.001
PUFA	104	106	96.0	103	5.51	0.58
RUFAL	197	193	161	175	8.13	0.01
EPA	-	-	0.84	1.09	0.07	<0.001
DHA	-	-	0.31	0.48	0.04	<0.001

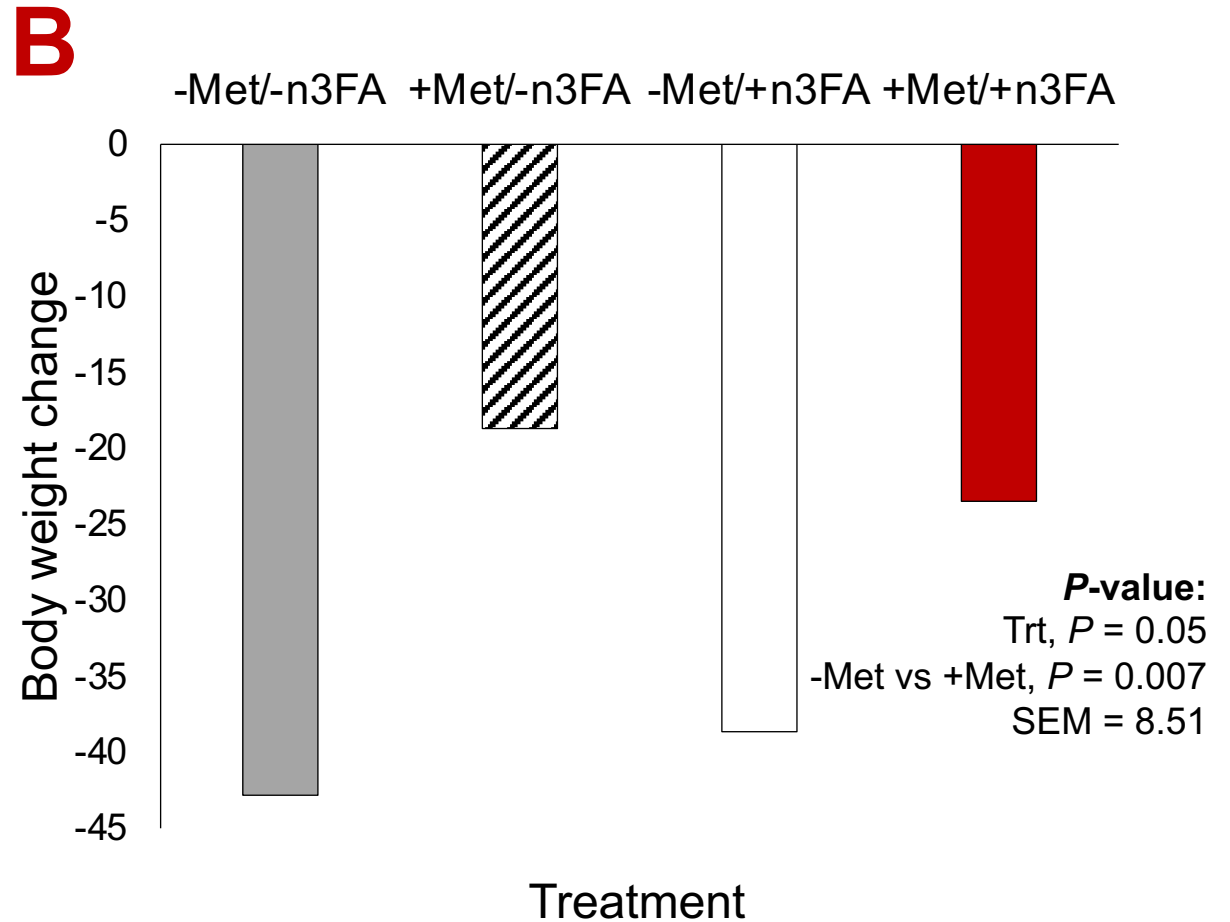
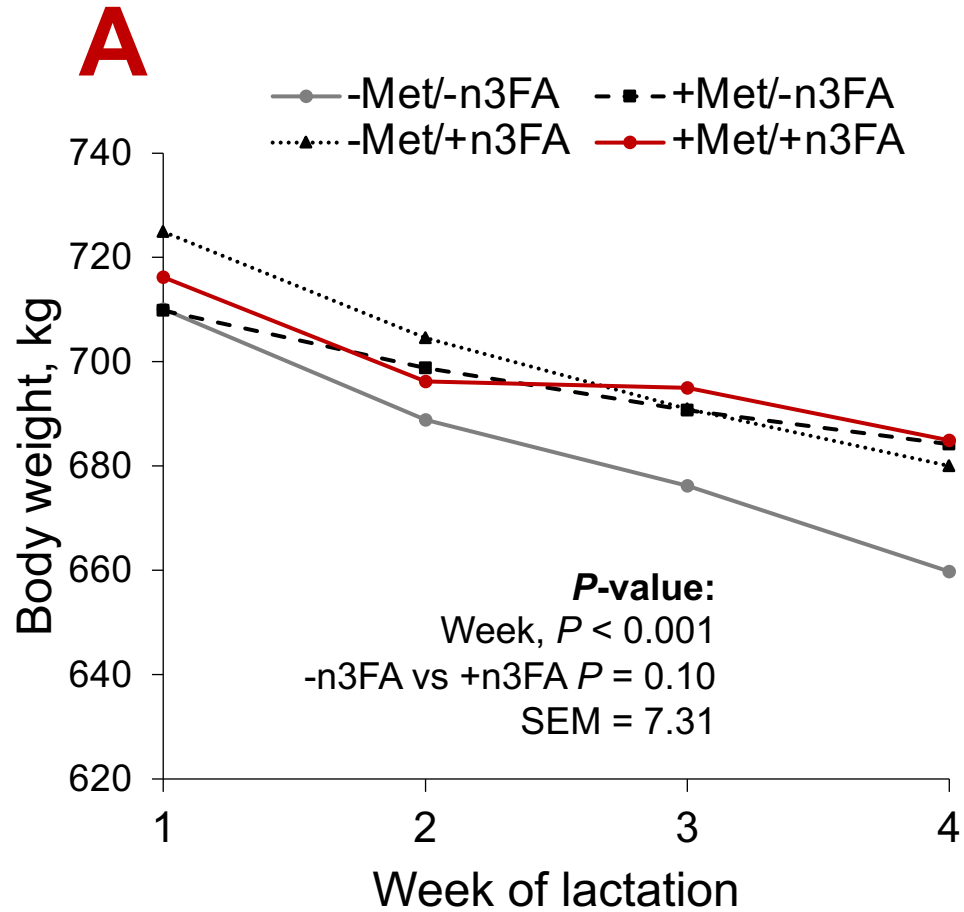
## B

### Postpartum diets

	-Met/-n3FA	+Met/-n3FA	-Met/+n3FA	+Met/+n3FA	SEM	Treatment
Total FA	875	978	967	999	26.6	0.01
16:0	362	405	414	429	10.9	<0.001
18:0	42.5	50.1	48.6	56.6	1.49	<0.001
18:1c9	180	204	169	174	5.22	<0.001
18:2	209	228	224	229	6.41	0.10
18:3n3	46.9	52.3	49.4	51.2	1.44	0.05
SFA	425	478	491	514	1.30	<0.001
MUFA	194	219	192	196	5.93	0.01
PUFA	257	282	283	289	7.84	0.02
RUFAL	437	485	443	455	13.0	0.04
EPA	-	-	4.63	4.13	0.12	<0.001
DHA	-	-	2.07	2.39	0.07	<0.001

Data presented as LS Means, grams/d

# Postpartum body weight



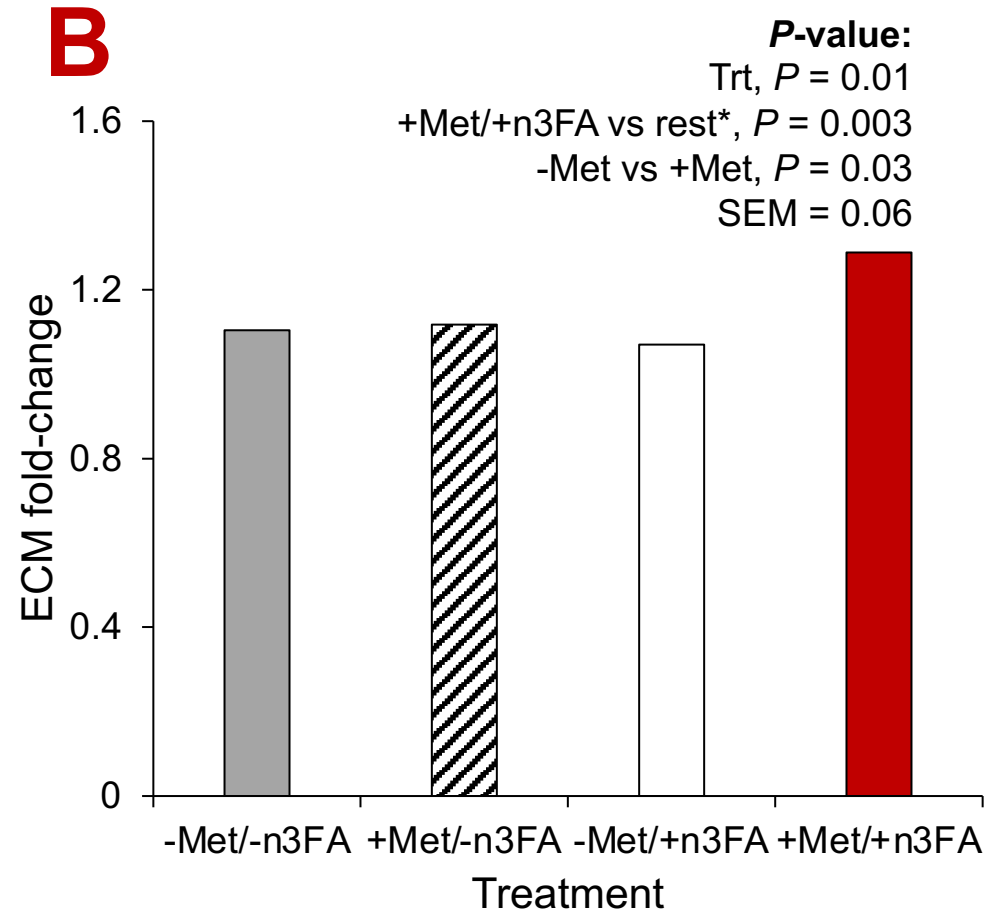
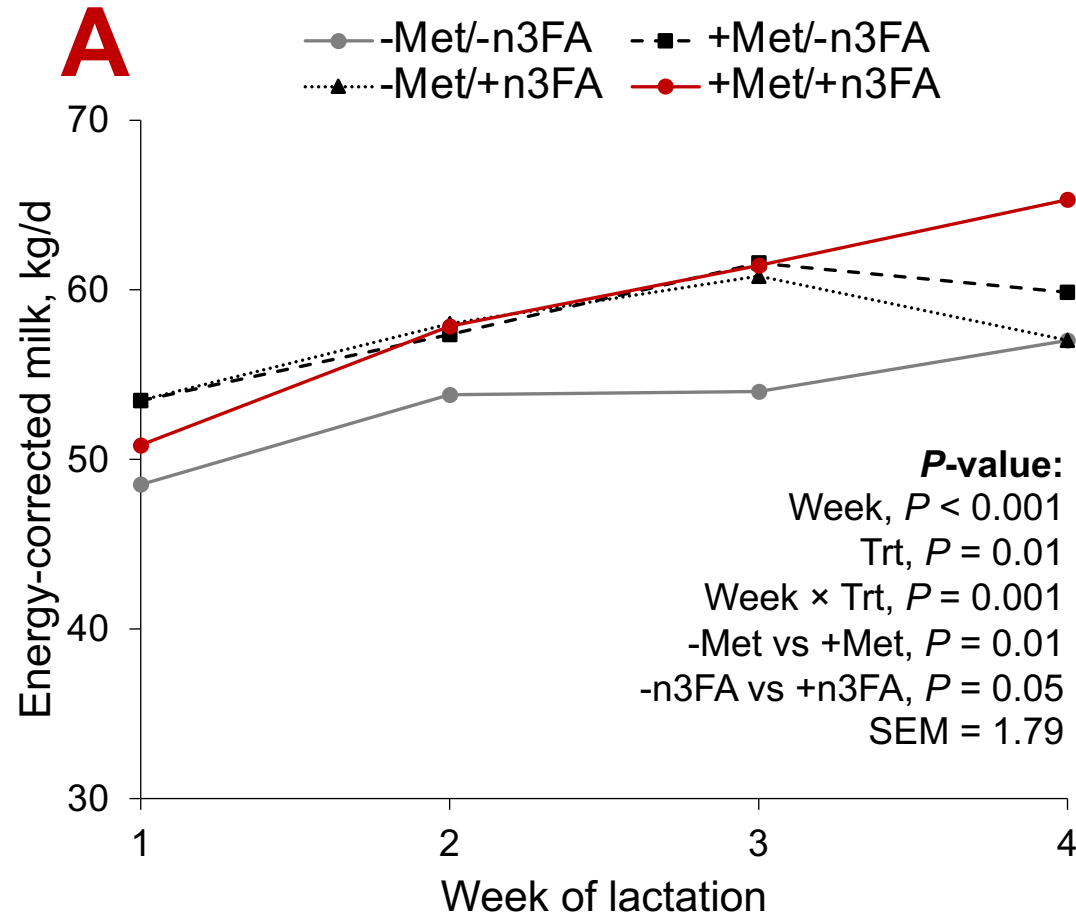


# DMI and milk components

Variable	Treatment				SEM	P-value		
	-Met/-n3FA	+Met/-n3FA	-Met/+n3FA	+Met/+n3FA		-Met vs +Met	-n3FA vs +n3FA	+Met/+n3FA vs +Met/-n3FA and -Met/+n3FA
Fresh DMI, kg/d	18.8	21.0	20.8	21.4	0.64	<b>0.01</b>	<b>0.03</b>	0.53
Milk yield, kg/d	44.6	47.9	48.4	47.4	1.24	0.29	0.13	0.56
ECM, kg/d	53.3	58.1	57.3	58.9	1.43	<b>0.01</b>	<b>0.05</b>	0.45
FCM, kg/d	56.6	60.9	60.4	61.8	1.55	<b>0.03</b>	<b>0.08</b>	0.50
Milk fat, %	5.24	5.25	5.06	5.41	0.14	0.16	0.93	<b>0.10</b>
Milk fat, kg/d	2.26	2.43	2.45	2.49	0.07	<b>0.08</b>	<b>0.05</b>	0.50
Milk protein, %	2.91	3.11	2.95	3.15	0.05	<b>&lt;0.001</b>	0.41	<b>0.03</b>
Milk protein, kg/d	1.28	1.45	1.4	1.45	0.03	<b>&lt;0.001</b>	<b>0.05</b>	0.53
<i>Efficiencies, kg</i>								
MY/DMI	2.27	2.23	2.27	2.16	0.06	0.15	0.51	0.16
ECM/DMI	2.73	2.81	2.78	2.68	0.08	0.93	0.56	0.20
FCM/DMI	2.87	2.93	2.93	2.79	0.09	0.64	0.65	0.17

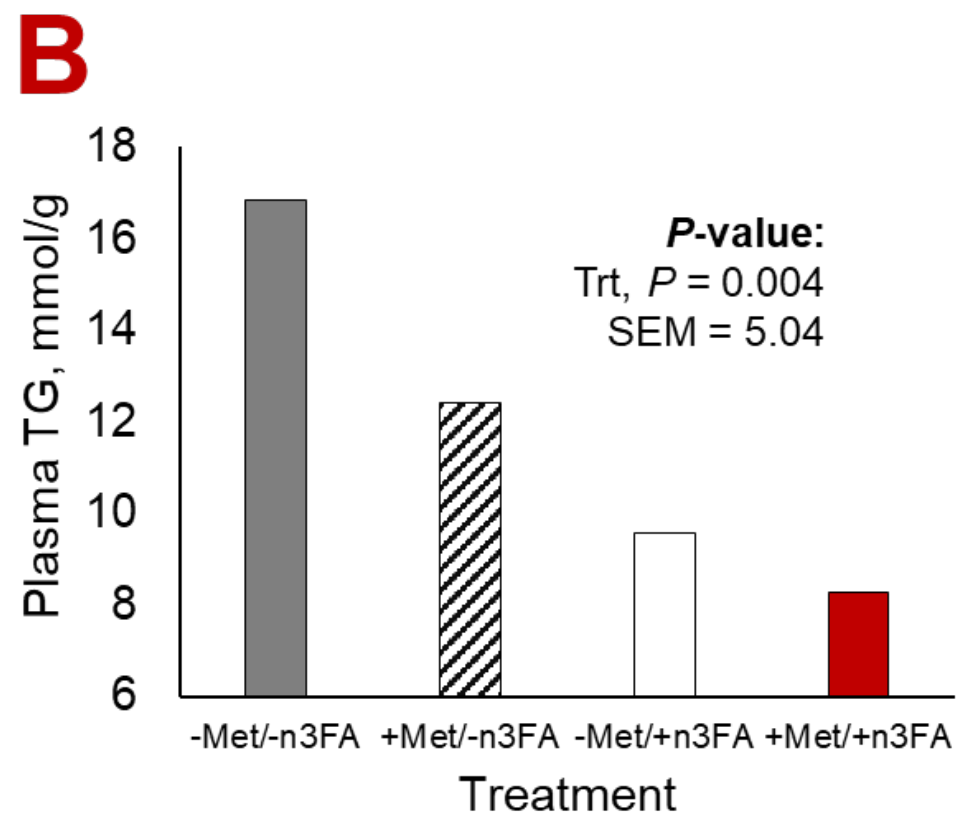
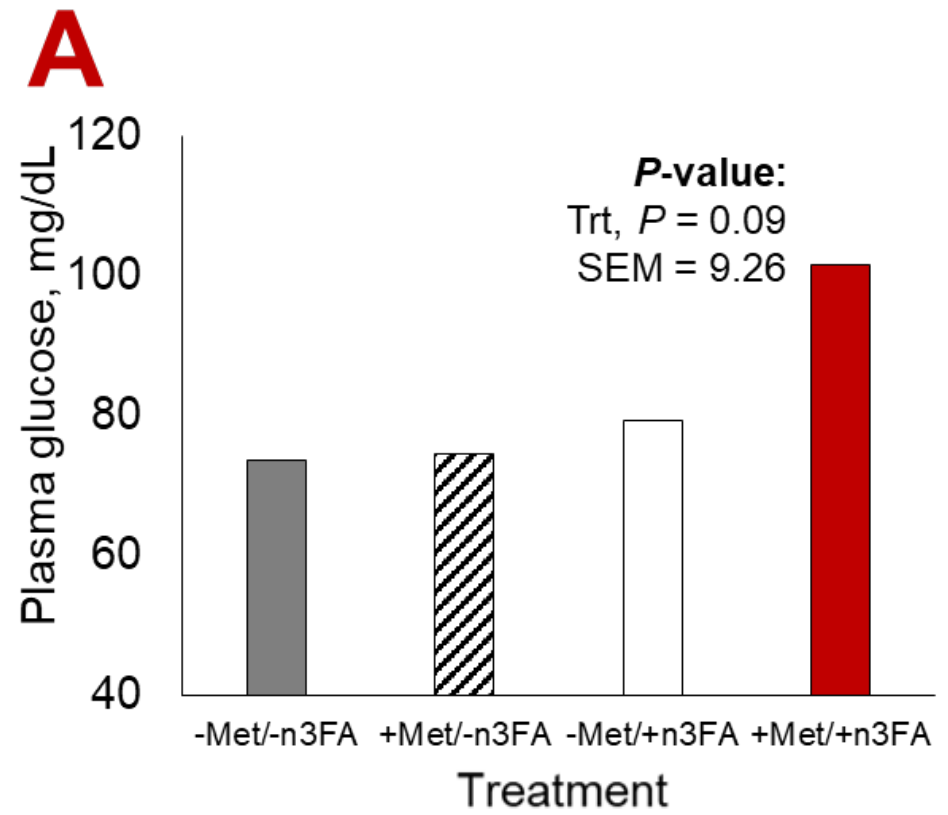
# Energy-corrected milk

5.53 kg/d increase overall in  
+Met/+n3FA compared to -Met/-n3FA



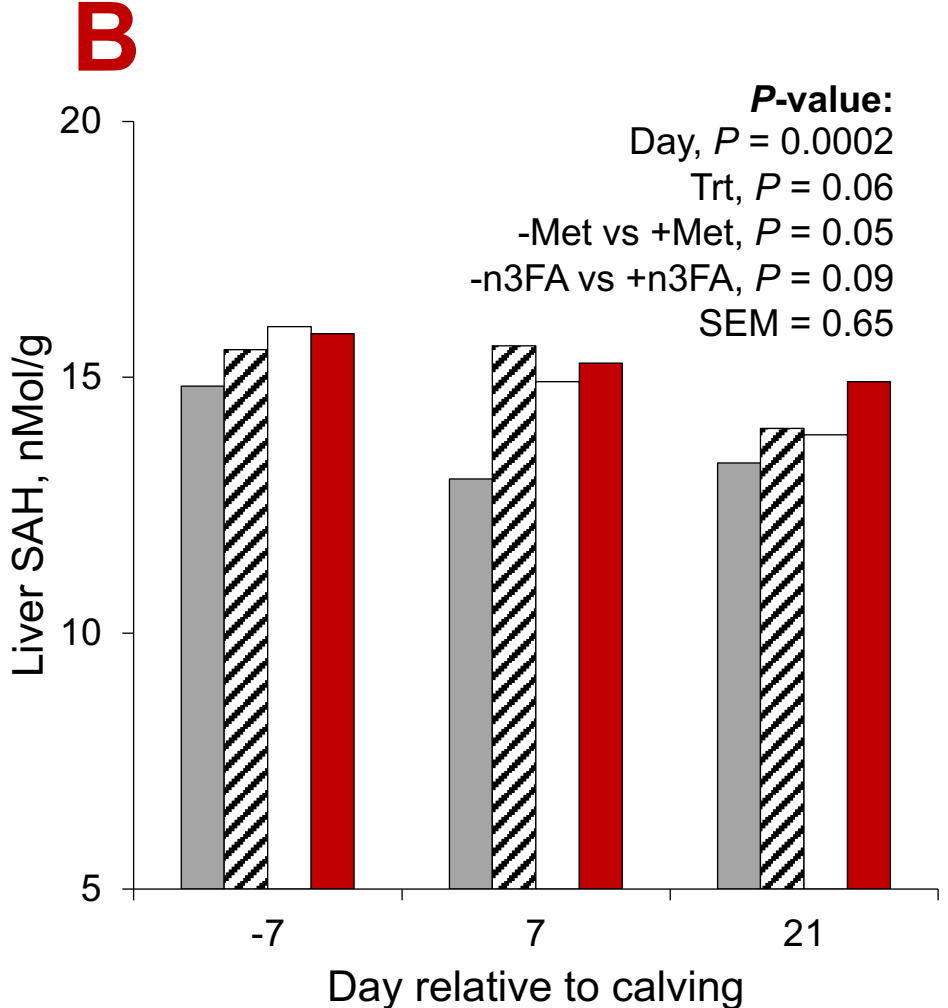
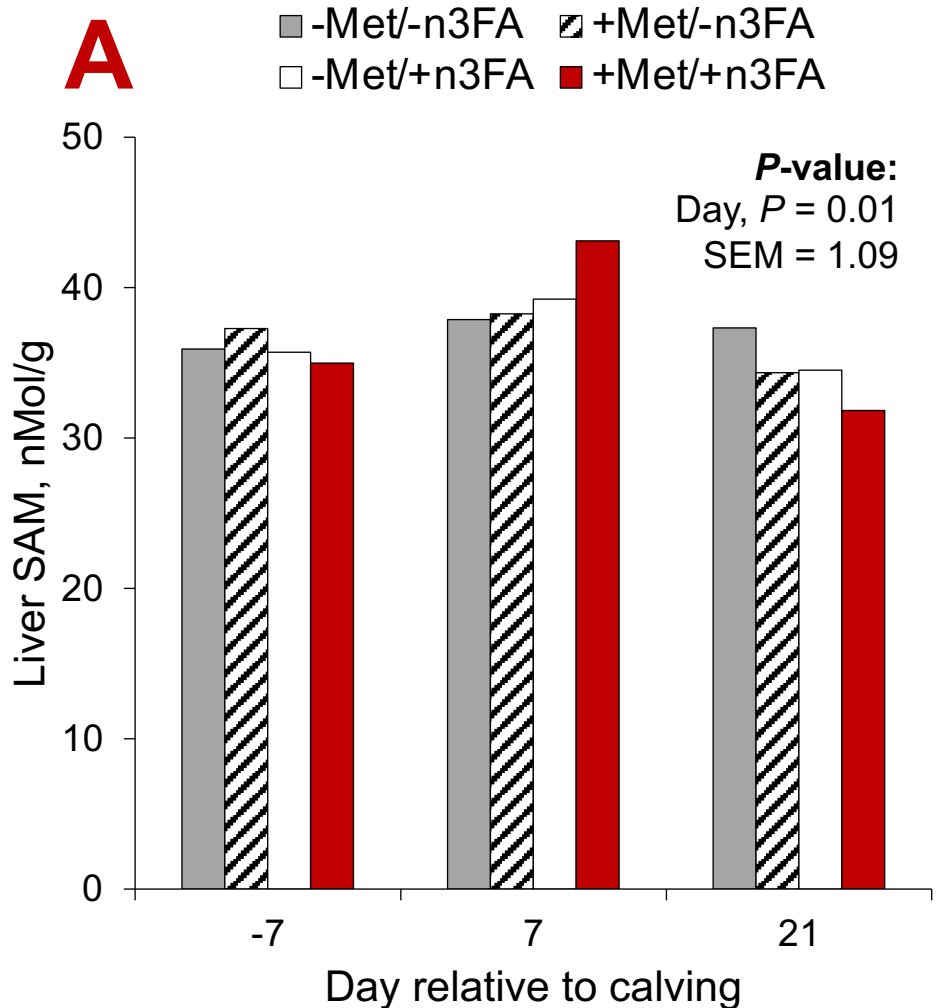
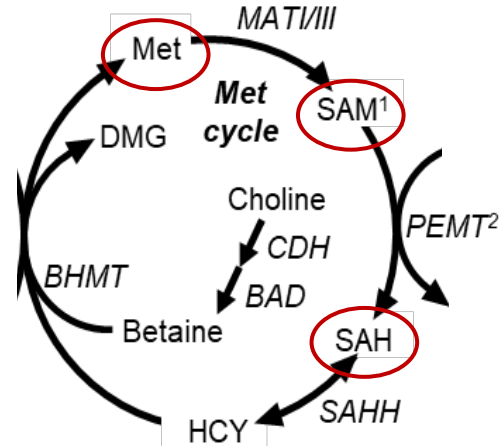
\*rest = +Met/-n3FA and -Met/+n3FA

# Plasma metabolites at calving



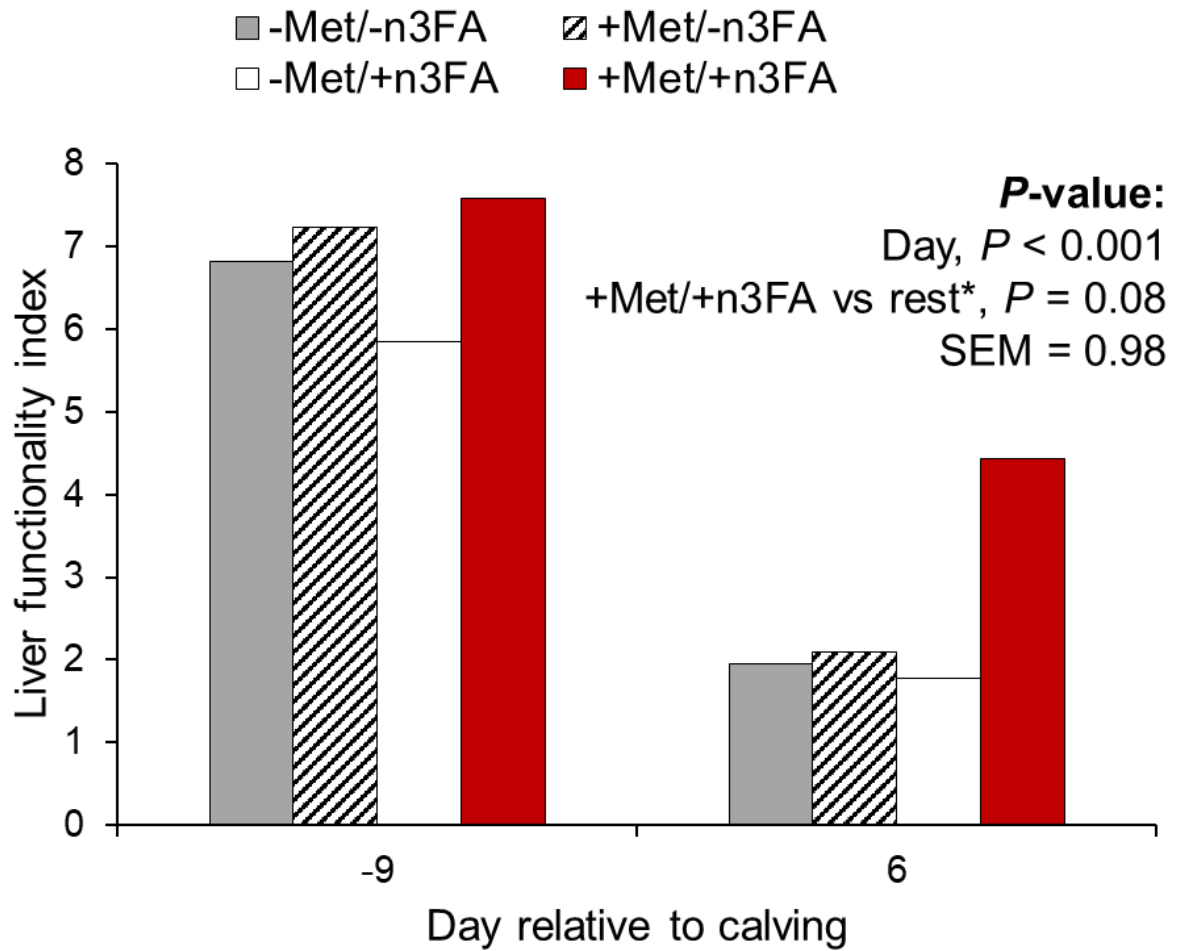


# Liver SAM and SAH



# Liver functionality index

Calculated using serum albumin, total cholesterol, and total bilirubin concentrations (Trevisi et al., 2010)



\*rest = +Met/-n3FA and -Met/+n3FA

# Summary and conclusions

Diets adequate in Met ( $>1.13$  g/Mcal ME) or with n-3 FA (EPA and DHA, 3-7 g) in transition cows:

## Enhanced lactational performance

↑ ECM, FCM, milk protein % and yield, milk fat % and yield

## Improved postpartum performance

↑ Postpartum DMI, liver functionality index  
Reduced postpartum body weight loss

## Modified hepatic methyl donor metabolism

↑ Liver SAH  
Indirect measurement of ↑ activity of PEMT pathway

## Modified nutrient partitioning at calving

↑ Plasma glucose concentrations  
↓ Plasma triglyceride concentrations



# Acknowledgements

- **Foundation for Food and Agriculture Research**
- **Virtus Nutrition**
- **Adisseo**
- McFadden Lab
- Undergraduate support
- Cornell University Dairy Research Center





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